



## connect

### Heart to Heart with the Editor

**Name: Gita Jansone**

**Role: Supervisor, St James's Hospital**

***Congratulations Gita Jansone as Winner Momentum Support Star Award, Quarter 3, 2022.***

***"Gita is a valued member of the Momentum Support Team in St James's Hospital. She leads by example and brings her team with her to deliver the highest possible standards".***

***\* Paul Woods, Site Manager, St James's Hospital***



**When did you join Momentum Support Gita ?**

I joined Momentum Support in St James's Hospital on the 27th September 2021

**What is your life motto Gita ?**

To complete everything 100%

**What do you enjoy about your role ?**

My Team are the most important thing to me and they know that I am very proud of them and the cleaning standards and tasks they deliver for the Company.

**Gita, you appear to be a very empathetic person in relation to patient care, please share with us.**

Before starting my role at the hospital I was of the belief that the people who complained, understood how bad life is. When I actually joined the hospital it made me see what real life is. I now see "Heath is our Wealth". Everyday I see many people who are so ill, some even stay in bed for years. Every day I walk my areas and I make a point to say Good Morning and ask how they are ?

***"Gita is pure gold" Matthew Houlihan, Star Award Nominator***

***"Never seen a more harder dedicated working person than this lady" Matthew Houlihan, Star Award Nominator***



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### What does your role entail with Momentum support on the St James's Hospital Site ?

My role as Supervisor includes many areas such as A&E, Burns Unit, CCU, MISA Building, Hospital 5 and The Mortuary.

My responsibilities are staff scheduling, completing Audits and room checks daily (VALS). Hazard reporting. Holding Staff meetings and documenting through discussion records. I carry out Health & Safety training tool box talks.

### Is there anyone you would like to acknowledge with a special Thank You?

I would like to mention Paul Woods, Noleen Mooney & my colleagues. My number one Team especially Matthew Houlihan who nominated me for the Star Awards.

### What is your most important personal value?

I motivate my Team and I always like to lead by example

### If you had the opportunity to be in a position to speak to all the people in the World today, what would you say to them?

Respect each other

### How do you achieve life balance ?

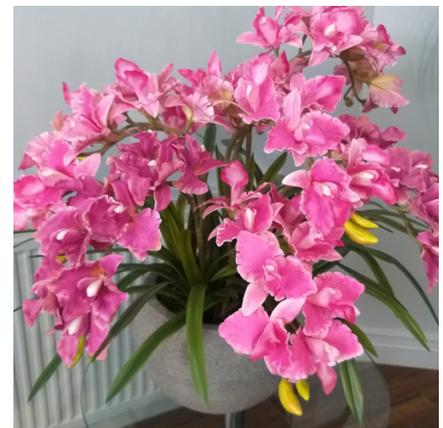
I make artificial flower arrangements for friends. This is really relaxing for me and an opportunity to have extra treats.



### What does a perfect day look like?

It can be cold or warm once not raining !

*Gita leads by example and expresses a  
 THANK YOU at every opportunity*



### Gita receives a Voucher for the value of 250 Euro. How will you spend it?

I really appreciate the voucher as it will support my family Christmas Shopping including some sweets for my Team and work colleagues.

### What achievements are you most proud of?

I am proud of myself as I have raised 3 children. I was widowed when the children were age 2,4 & 7. This was a very difficult time for me. The love my children made me strong. I want to Thank my Mother who always supports me for all my entire life for this I most grateful.

