

## CONNECT

Issue 34

**Momentum supports its Stakeholders through connecting with you throughout the global pandemic.** 2021 brings the tightening of Covid-19 restrictions as hope dawns for many as Momentum Support frontline healthcare staff are offered vaccinations.

### BREAKING NEWS.

Laura Whelan, Site Manager, Mater Misericordiae University Hospital and her Team are one of Momentum Support first front-line Teams to receive the vaccination in 2021.

Gabriela Bataila, Supervisor



**Name:** Laura Whelan

**Role:** Site Manager, Mater Misericordiae University Hospital

**Why did you opt to receive the vaccination?**

*After the challenging year of 2020, I felt this was an excellent opportunity to lead by example and support the Healthcare system through prioritising the Occupational Health, Safety and Wellbeing of myself, family, colleagues and patients alike.*

**How has this supported your mental state?**

*I feel reassured having received the vaccination today. It has given me a renewed sense of hope and relief for the future of the Country and the World. I look forward to spending some valuable time with friends and family as this was often taken for granted pre Covid.*

**What was the experience like?**

*I attended the vaccination clinic and was greeted by a Nurse and a Doctor who was very friendly and explained everything in detail and answered any questions I had. The procedure took only moments and I did not feel the needle as it was over before I knew it! Absolutely no pain. When leaving the clinic, I was given an appointment card to return to the clinic in 3 weeks for the booster injection.*

**What advice would you give to others who have the opportunity to receive the vaccination?**

*We are so lucky to have such an opportunity working for Momentum Support in Healthcare to be one of the first in the Country to receive the vaccination at this early stage in January 2021. There are many people including colleagues, friends and family who would jump at the chance if given the opportunity.*



Michelle Kavanagh Assistant Manager

### BREAKING NEWS.

St James's Hospital are one of Momentum Support first front-line Teams to receive the vaccination in 2021.

**Name:** Dana Birsan

**Position:** Cleaning Operative, St James Hospital

**Why did you opt to receive the vaccination?**

*Working on the front-line it gave me a peace of mind to receive the vaccination. Our ward went together including some Doctors, Nurses, Healthcare Assistants, Porters and Pantry staff. It felt great and was a real Team effort to support the Healthcare system.*

**How has this supported your mental state?**

*I feel lucky to have a job in Healthcare while so many others are out of work due to Covid-19. I don't feel as worried now for my family, friends and colleagues having as I have received the vaccination now.*

**What was the experience like?**

*The vaccination was quick and no pain.*

**What advice would you give to others who have the opportunity to receive the vaccination?**

*Say yes and do it! So, in 2021 we can visit our family in Ireland or abroad.*

