



CONNECT WEEKLY

HEART TO HEART with the EDITOR



Name: Sinead Grogan

Position: Senior Operations Manager

When did you commence work with Momentum Support?

I started working with Momentum Support in 2012 coming from a large acute hospital background.

What achievement are you most proud of?

I am very proud of my achievements to date, having achieved my target to grow the Healthcare Sector. I am proud we have achieved **IASI GOLD Standards** and **Supreme Category Winners** consecutively in Healthcare Sites throughout Ireland. This result is built on the foundation of the Site Management and Teams through their individual contributions.



What changes have you experienced during COVID 19?

From the onset I have seen my Teams change and adapt daily to the needs of each Site during COVID 19. This occurred naturally without hesitation, only to offer "What can I do" and "How can I help". I will always be utterly grateful and thankful to the Team "they will always be my heroes"

What is your mantra to the class of 2020?

I always say "Your life doesn't have to be perfect to inspire people. The world needs to see you be human not perfect".

A Quote from a hero?

"Never ask anyone to do something you are not willing to do yourself"

Name two people you would like to have dinner with?

Michelle Obama
President Michael D Higgins

If you had a magic wand and you could change anything, what would it be?

I believe things happen for a reason, so if one was to change it, you would change your journey.

Tell me who inspires you the most?

My three babies (If they were to read this now they would say "At 24, 22 and 17 we are adults now Mam !!)

